

# CHERISHED*Mom* Support Groups



"Peer Support is a natural way of supporting our peers through difficult times by sharing experiences and being able to say... 'I've been there'"

-Unknown

**Join us!**

[www.cherishedmom.org](http://www.cherishedmom.org)



CHERISHED*Mom*

## **Perinatal Support**

1st Monday @ 4pm EST  
3rd Thursday @ 11am EST

## **NICU Support**

1st Monday @ 7:30pm EST

## **Perinatal Grief & Loss**

Final Friday @ 4pm EST